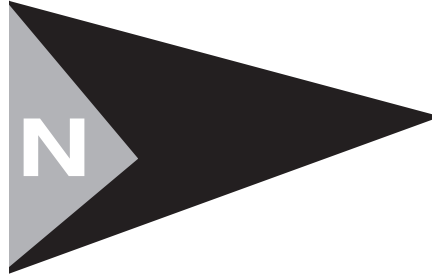


NAMEQUOIT SAILING ASSOCIATION



SAILING INSTRUCTIONS (revised 2011)

1. RULES. USYRU rules apply except as altered by these Sailing Instructions or the race committee (RC). USYRU 720° turns penalty rule is used in all NSA races.

2. ENTRIES. To be eligible, boats must be properly registered, have at least one NSA member (or racing associate) aboard, observe minimum and maximum crew regulations as set forth by their class, and carry the following equipment:

- a. anchor and rode properly bent;
- b. paddle or oar;
- c. bailer or pump;
- d. one life preserver for each crew member.

(Board boats are exempt from observing all above except d.)

3. SCHEDULE. Races follow the race schedule. There will be no delays to accommodate tardy boats. The RC may cancel, postpone, or abandon a race due to foul and/or heavy weather. To make up races, the RC may elect to hold to more than one race on any given race day.

4. COURSES. All races start and finish at X unless otherwise indicated. Signal boards displayed on the RC boat designate course marks, whether marks are to be left to port or starboard, and times around.

5. MARKS.

- A—The mouth of Namequoit River
- H—Due west of Hog Island's Money Head
- K—Kent's Bay
- L— Between the nun off Paw Wah Pond and the Pond
- N—Northeast of entrance to The Narrows
- Q—Near the nun off East Egg (Quanset)
- U—Near the can off Mayflower Point
- V—Inside and just north of Namequoit Point (Viking)
- W—Off the northwest side of Sampson Island
- X—Usually east of the mouth of Namequoit River and off the western shore of Barley Neck

The RC may designate other marks.

Please turn over

6. START. There will be three divisions: sloops; catboats fifteen feet and over; catboats under fifteen feet (and possibly smaller sloops). All boats must keep clear of the start line until their division's warning signal. While attention is called to the signals by horn or otherwise, the official signal is visual. Prior to the race start sequence, a series of short horn blasts will occur.

Warning 5 minutes—Namequoit burgee goes up and horn sounds

Preparatory 4 minutes—Second flag (preparatory flag) goes up (letter P flag, small white square on blue background) and horn sounds

1 minute—Preparatory flag goes down and horn sounds

Start NSA burgee goes down and horn sounds

One minute after the start, the sequence is repeated for the next division.

7. RECALLS. Each boat is responsible for hearing a recall for an early start.

8. FINISH. The finish line shall be crossed in the direction from the previous mark. All boats finished must keep clear of the finish line. Any one not finishing a race must report that fact to the RC as soon as possible.

9. PROTESTS. Protesting boats must verbally inform the other boat(s) at the time the protested action occurs. If the protested boat(s) does not exonerate itself by making the 720° turn penalty, all involved boats must report to the RC immediately following the race. The RC will schedule an open hearing.

10. SCORING. NSA uses the low point scoring system and the Portsmouth handicap system. Each boat's rating is listed on the NSA bulletin board.